



**CHS**  
**Guidelines**

# I. Cheerleading Program

## Purpose:

It should be the purpose of the Columbia-Brazoria ISD cheerleading programs to:

- A. promote and uphold loyal school spirit throughout the year
- B. encourage good sportsmanship amongst students of CBISD
- C. improve relationships between school during athletic events
- D. positively represent CBISD in the community
- E. positively represent CBISD in sanctioned cheerleading/mascot competitions, sporting events and school activities

## Objective:

It should be the objective of Columbia-Brazoria ISD cheerleading programs to promote the type of sportsmanship that will develop a cooperative spirit among student body, faculty, administration, opposing schools and the community, as well as provide students an environment to develop the attributes of good moral character and citizenship.

# III. Selection Process

## A. Qualifications

1. Candidates should be currently enrolled in CBISD or have letter of intent TO ENROLL IN A CBISD SCHOOL on file with appropriate front office.
2. Prospective candidates must obtain and review a tryout packet as well as submit all completed paperwork on or by the designated due dates.
3. All prospective candidates are subject to an administrative evaluation of academics, attendance and disciplinary records prior to being permitted to complete the tryout process.
4. All candidates should be available to attend summer camp in its entirety. Any exceptions must be approved by coaches and campus administration.
5. All candidates should attend the pre-tryout meeting or an individually arranged meeting with coaches and campus administration prior to the start of the tryout clinic.
6. Successful candidates must submit a physical, completed on the appropriate district document, by a medical physician, on or by the given deadline.
7. Further qualifications involving the tryout procedures and process, standards of conduct, participation and uniforms may be required by the coach and campus administration.
8. [The CHS Extra-Curricular Code of Conduct will provide more specific requirements and guidelines for candidates and their parents.](#)

## IV. Member Responsibilities, ctd

Columbia High School Cheerleaders

1. CHS cheerleaders will be expected to attend the following:
  - a. Designated home football and basketball games
  - b. Designated pep rallies
  - c. Designated practices
  - d. Designated CHS games
  - e. Designated community events
  - f. Designated paint signs
  - g. Designated fundraiser dates

## V. Conduct

- A. CBISD cheerleaders are direct, highly visible representatives of the district and are expected to conduct themselves in an exemplary manner, at all times.
  1. Cheerleaders should, at all times, abide by the Columbia-Brazoria ISD student code of conduct as well as the Columbia High School extra-curricular code of conduct

## VII. Summer Camp

- A. Attendance to summer camp, in its entirety, is expected.

## VIII. Appearance

- A. Cheerleaders will maintain a neat and clean appearance at all times in identifying apparel.
- B. Uniforms and apparel should always be well kept
- C. The appropriate socks, bra, and undergarments are expected at all times. Bra straps that are not uniform pieces should not be visible.
- D. No gum, candy, or food while cheering at games, pep rallies, camp, practice, performance or competitions.  
No visible fingernail polish, shellac, powder or press on nails allowed while in uniform.
- E. Fingernails (natural and artificial) must be kept at safe length with a natural appearance.
- F. Visible tattoos and excessive body painting are not allowed.
- G. Hair should be pulled back and styled as assigned with correct ribbon or bow during all cheerleading practices, events and appearances.
- H. Complete uniform, as assigned, will be worn to every performance or appearance.
  - I. Absolutely no jewelry is permitted during practices, performances, or games.
- J. When worn, uniform skirt must be worn appropriately. Skirt must be buttoned and may not be rolled.
- K. Only approved articles of clothing identifying as a CBISD cheerleader may be worn over or with the uniform.
- L. Cheerleaders may not allow others to wear their cheerleading apparel.

## IX. Discipline

- A. All members of a CBISD cheerleading program will be on a demerit system. The coaching staff is the ultimate authority regarding demerits.
- B. Demerits will be issued by coaching staff.
- C. Dismissal from the squad may occur, with the approval of campus administration, for any of the following:
  - 1. Accumulation of 10 demerits during one (1) cheerleading season
  - 2. Unexcused absence from summer camp
  - 3. Assignment to DAEP
  - 4. Refusal to participate in any activity that is required of the cheerleaders
  - 5. For other offenses, as deemed appropriate by campus administration
- D. Dismissal from the squad is permanent. A dismissed cheerleader will be responsible for all financial obligation incurred up to the date of dismissal.
- E. Dismissed cheerleaders are relieved of their duties immediately upon dismissal.
- F. Cheerleaders who have been dismissed may not be eligible for tryouts the following year.
- G. Suspension/Benching from performance may occur as warranted and duration is dependent on the severity of the offense. Offenses resulting in suspension include, but are not limited to...

Infraction	Suspension Term
Accumulation of 7 demerits	Up to one calendar week, to include 1 game
After 7, each additional 2 demerits	Up to one calendar week, to include 1 game
Assignment to ISS	Length of term + demerits
Failing grade on report card	UIL standard + demerits incurred

- I. 1. In addition to demerits issued for infractions, the coaching staff may administer additional discipline demerits when deemed necessary.  
 2. Failure to fulfill the obligations of additional discipline will be interpreted as insubordination and result in additional demerits.

J. Cheerleaders may have opportunities throughout the season to earn merits.  
 H. Demerits may be issued, by the coaching staff only, for behavior deemed inappropriate. Demerits may be issued for any infraction of (but not limited to) the following:

Infraction	Demerits
Assignment to ISS	3/day assigned
Conduct mark of "U" on report card or progress report	3 each
Conduct mark of "N" on report card or progress report	1 each
Unexcused absence from a game or assigned appearance	5
Unexcused absence from practice	2 each
Failure to make corrections or excessive talking	1
Lack of participation or poor attitude	2
Inappropriate use of social media	2
Unsportsmanlike conduct	2

## IX. Discipline, ctd.

Infraction	Demerits
Tardiness to practice	1
Tardiness to game/performance	2
Failure to bring assigned materials	2
Failure to follow dress code (apparel, hair, jewelry, nails)	2
Leaving assigned appearance without permission	5
Food or gum during practice or performance	2
Use of profanity or vulgar language (spoken or written)	2
Any public display of affection in identifying apparel	3
Academic dishonesty	7
Unsafe behavior during cheerleading activity	5
Sharing identifying apparel	2
Additional offenses deemed inappropriate by coaches	1+



# XI. Budget and Expenses

It is the responsibility of the cheerleader to provide the funds on or before the given due dates.

Anticipated expenses may include, but are not limited to:

1. Camp
2. Competition (may include travel and lodging)
3. Uniform pieces
4. Shoes
5. Bows/ribbon
6. Accessories (megaphone, poms, bags, poncho, etc)
7. Warm-ups
8. Camp/practice apparel
9. Themed performance apparel

A list of anticipated expenses will be provided when materials are selected.

Apparel pieces may be withheld, or performance opportunities suspended until financial obligations have been met.

-Financial obligation- The following information is an estimated cost per cheerleader. The prices are based on 2021-2022 school year cost and are subject to change for 2022-2023 school year.

## Cheerleader Expense Responsibility

Camp, Camp Clothes, Uniform, Bloomers , Shoes , Bows, Sports Bras, Poms, Poncho, Gym Bag, Warm up (jacket and pants),  
Uniform, Camp Clothes, and Accessories \$1200.00

Camp Expenses( June ) \$300.00 approx.

### Pay Schedule:

Day of fitting/ March	\$300.00 - Camp Approx.
June	\$- Half of Varsity Bill
Before the first football game	\$- Complete Varsity Bill

\*Bill must be paid in full to get all items\*

# Tryout Process

## Tryout Clinic

- Candidates may dress in their choice of school appropriate athletic apparel. All candidates must wear appropriate shorts, a t-shirt, and athletic shoes during the tryout clinic.. Athletic shoes are required and hair should be pulled back away from the face. A SOLID ribbon or bow may be worn.
- Absolutely no jewelry will be allowed.
- All fingernails must be a natural color and no longer than the tips of the finger.

## Tryouts

- Candidates must wear a solid maroon t-shirt and black shorts. Shirts and shorts may not have lettering on them, small logos are acceptable. Shorts may have minimal striping.
- Athletic shoes are expected.
- Hair should be pulled back away from the face and adorned with a plain white ribbon or bow (no lettering on bow, please).
- Absolutely no jewelry will be allowed.
- All fingernails must be a natural color and no longer than the tips of the finger.

There will be ABSOLUTELY NO parents/guardians, siblings or other students permitted in the gym during tryout week. All activities will be closed to spectators. Tryout Eligibility: In order to be deemed eligible to tryout, candidates should: - be currently enrolled in CBISD or have a letter of intent for enrollment.

## Tryout Packet Checklist

- \_\_\_\_\_ Cheerleader Application
  - \_\_\_\_\_ Tryout Agreement Form
  - \_\_\_\_\_ Cheerleader Constitution Agreement
  - \_\_\_\_\_ Social media contract
  - \_\_\_\_\_ Medical
  - \_\_\_\_\_ Media Release Form
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### **Important Dates:**

Tryouts:

March 4-7 2024

Monday March 4 3:15-4:30

Tuesday March 5 3:15-4:30

Wednesday March 6 3:15-4:30

Thursday March 7 - starting at 4:30

### Pay Schedule:

Day of fitting - March                      \$300.00 - Camp and Varsity Dep.

June    Half of Varsity Bill

August - before the first football game    Complet Varsity Bill

Mandatory Proposed Camp Dates June \_\_\_\_\_

# Cheerleader Application

## 2024-2025

I am interested in being a cheerleader at Columbia High School. I understand the risks stated. If selected, I will abide by the rules and regulations in the cheerleader constitution. I will cooperate and follow the instructions set forth by the cheerleading coach, sponsor, and principal of CHS and be present for all practices and games.

I understand that violation of any rules may lead to temporary or permanent suspension from the squad.

I also understand I will be evaluated by qualified, independent judges and their decision is final.

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Home Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Grade : \_\_\_\_\_

Student ID Number: \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Tryout Agreement Form

My child, \_\_\_\_\_ has my permission to be a cheerleader at Columbia High School. I understand she or he must abide by the rules and regulations set forth by the coach, sponsor, and principal of CHS. I have read the rules and regulations and understand that the violation of any of these rules may lead to temporary or permanent suspension from the squad. I understand all forms attached must be completed and turned in **by March 4** or my child will not be allowed to tryout.

Evaluation and selection is administered by qualified judges and we agree to abide by the decision of the judges.

I understand all costs involved as stated in the constitution and agree to follow pay schedule stated in the constitution.

Pay Schedule:	Day of fitting/ March	\$300.00 - Camp and Varsity
	June	\$- Half of Varsity Bill
	August (before first football game)	\$- Complete Varsity Bill

I understand by the very nature of the activity, cheerleading and gymnastics carry a risk of physical injury. No matter how careful the participants and coaches are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation, and broken bones. The risks also include catastrophic injuries such as permanent paralysis or even death from landing or falling on the back, neck, or head. I understand these risks and will not hold CHS coach and sponsor, or any of its personnel responsible in the case of accident or injury at any time.

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Parent/Guardian Printed Name	Parent/Guardian Signature	Date
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I am interested in being a cheerleader at CHS. I understand the risks stated above.

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Student Printed Name	Student Signature	Date
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# Cheerleader Agreement

It is very important that both the parent and cheerleader candidate read and understand the cheerleader constitution. This constitution is provided to protect the cheer squad. A cheerleader or mascot is a representative of School. A cheerleader's and mascot's actions should always be of the utmost highest ethical standards, advanced and above the social norm.

I have read the CHS cheerleader guidelines. I understand the requirements necessary for my child, \_\_\_\_\_, to abide by to remain in good standings with the cheer squad.

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Parent/Guardian Printed Name

Parent/Guardian Signature

Date

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Student Printed Name

Student Signature

Date

# **Columbia High School CHEER – ELECTRONIC USE POLICY**

**Members of the CHS cheer squad are expected to interact electronically with others in a positive, cooperative, supportive manner and display respect for the privacy and rights of others. We as coaches expect that as you participate in any electronic environment, you treat fellow teammates, students, staff, and faculty with mutual respect and understanding.**

**Any member of the CHS Cheer squad representing themselves or this organization in an unfavorable, questionable, or illegal manner through electronic media (i.e. Websites, personal home pages, blogs, text messages, chat rooms, or similar websites/files, accessible through a server or internet) or using electronic communication devices (i.e. Camera phones, digital cameras/photos, electronic descriptions) in such a way as to bring discredit, dishonor, or disgrace on this organization, including themselves, will be subject to disciplinary actions, including probation or removal from the squad.**

*I have read and understand the above statement:*

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**Student printed name**

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**Student signature**

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**Parent/Guardian printed name**

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**Parent/Guardian signature**

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**Date**

# **CBISD CHEERLEADER MEDICAL RELEASE FORM**

STUDENT'S NAME: \_\_\_\_\_

GRADE: \_\_\_\_\_

I certify that \_\_\_\_\_ is physically capable and able to fulfill the requirements to try out for a position as a cheerleader. I understand that this form legally releases all obligations, liabilities and responsibilities for the medical treatment of my son/daughter in the event of illness or injury during any squad related activity and if/when a parent cannot be reached. If there is any physical or medical reason why he/she should not participate fully, a doctor's release is required. Furthermore, the school, district, and faculty are not liable for any injury incurred during the tryout process.

\_\_\_\_\_

PARENT SIGNATURE DATE



# CBISD CHEER MEDIA RELEASE

I, as the parent/legal guardian of \_\_\_\_\_, hereby grant permission to the CBISD coaching staff/faculty, agents and assigns, to take and publish/use the above named child's photo or video. I hereby waive any right to approve the use of these works now or in the future, whether the use is known to me or unknown, and I waive any right to any royalties related to the use of these works. I also understand that external media organizations may attend school events. I give permission for my/my child's name, image, student work, and performance to be photographed, filmed, or otherwise documented for the purpose of being tastefully published and/or broadcast online, television, print, or radio.

Cheerleader's Name: \_\_\_\_\_

Grade : \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_